CHILDREN'S DISCOVERY CENTER, INC.
Nursery Department
(919) 854-4467

Dear Parents:

We would like to welcome you and your precious child to our nursery program. We would like to thank you for the opportunity to work with your infant. The first year of your child's life will be filled with growth, excitement, and plenty of emotion. We are committed to caring for your child's physical, developmental, and emotional needs in a process that develops independence, and enables your child to become a healthy, happy, and vibrant toddler.

In addition to your child's need, we are here to help you through this transition, from your home to our childcare center. Our goal is to develop a relationship with our parents that fosters trust, confidence, teamwork, and friendship. Open communication between parents and teachers is the key and will benefit your child greatly. If you ever have any questions or comments regarding your child or our program, please talk with your child's teachers. We are always here to help.

Before we begin this wonderful and exciting journey, we have listed some information that will make it easier for you and your child prior to joining our program.

1) You will need to bring several items for your child on a daily or weekly basis. Bottles and baby food must be brought daily and must be taken home in the evening. All formula and breast milk must be placed into bottles prior to coming in. In addition, baby food must be transferred into plastic containers and brought to school. ALL bottles and containers must be labeled clearly with the child's name and current date. This is a NC STATE LAW. You may use any type of labels you wish, but the easiest way is simple masking tape and permanent marker. We heat bottles in a bottle warmer and some labels simply fall off. Please put your child's initials on the bottle caps as well. Each room may serve up to 40 bottles a day; labeling bottles helps more than you can possibly imagine.

2) Please bring a package of diapers and a container of wipes for your child. As we begin to run low on supplies, we will let you know. Please also keep at least 2 FULL changes of clothes in your child's cubby. If you know your child may need more than this, due to spitting up etc., feel free to send 3 or 4 changes. Other items your child will need (if applicable) are pacifiers, diaper cream, nasal aspirator, etc. No matter WHAT you bring, EVERYTHING must be labeled. Our children have so many similar items that it is IMPERATIVE that everything be clearly labeled.

3) We will supply bibs, burp towels, washcloths, and sheets. There is a new NC State Law that prevents us from using blankets so please make sure that your child is dressed appropriately. In addition, your child cannot be swaddled under any circumstances and the word swaddle cannot be on the clothing. We know that the hospitals where babies are born teach this method, however NC State law forbids this in childcare centers. For a complete list of NC Laws concerning day cares, you can go to the NCDEE Website and read all the laws governing childcare. The 8-12-month parents will need to bring a crib sheet on Monday for your child's cot. Please label it. You will be required to bring the linen home weekly to wash, or sooner if needed.

4) **MEDICATIONS**: We can administer medications at CDC, however, NC State Guidelines must be adhered to completely. Doctors as well as Parent permission slips must be filled out appropriately. Please refer to Medication Guidelines and clarify any questions with your child's teacher or the CDC Administrative Staff.

5) **SICKNESS**: If your child is sick within 24 hours of attending class, please do not bring them to school. If your child is sent home sick on one day, you may not bring them back until they have been without sickness for 24 hours. This policy will be strictly enforced. This policy will include but not be restricted to fever, vomiting, diarrhea, sore throat, bad cough, or any communicable diseases. If in the teacher's and/or Director's judgment a child does not feel well enough to participate in class activities, the child will be isolated, and the parent will be called to come pick up the child. We clean and sanitize continuously, and we trust parents to be conscientious and keep children with illness, at home. We will call and speak with you when something arises.

6) To cut down on germs in the classroom, we have decided to have a shoeless nursery. What this means is simply that no one may enter the nursery with their outside shoes. The teachers will wear slippers in the classroom, and we are asking that you leave your shoes at the door when you drop off and pick up. In addition, the nursery has a beautiful screened in porch. We will be taking the children out for fresh air daily, weather permitting. Please leave a sweater or sweatshirt in your child's class for a cooler day.

On behalf of all the nursery teachers, we hope that this information will help ease the transition into our program. Each individual classroom will have slightly different activities and schedules. Your child's teacher will provide you with this information. As always, if you have any questions or comments please feel free to speak with your child's teacher. We look forward to giving your child guidance, stimulation, and especially LOVE. Thank you in advance for all your support.

The CDC Nursery Department